

HPE-CONNECT

MONTHLY MOAHPERD MEMBERSHIP NEWSLETTER

APRIL 2017 EDITION

THE PREZ SAYS

Happy spring! Recently I had returned from a less than spring-like trip to Boston where I joined the MOAHPERD Executive Committee in attending the [SHAPE America](#) Convention. While it took a few extra days to finally arrive, due to the late winter east coast snow storm, I was able to take in many sessions, as well as several trips around the exhibit hall. Shown in the picture to the right, President-Elect Britt Johnson and I took the opportunity to do a promo pic. Check out highlights from the Boston Convention on the SHAPE America Facebook page and on Twitter at #ShapeUpBoston.



My favorite sessions to attend at the SHAPE Conference are typically the general sessions, where there are usually some well-known names in the HPE profession. The final general session featured Dr. Dean Kriellaars, a professor at the University of Manitoba in Winnipeg, CA. His presentation, "Physical Literacy: the Gateway to Active Participation," identified the concerns with the drop in physical activity as youth enter puberty and into adolescence. His message stressed the importance of developing physical literacy, which he argued was an "essential life skill which is an indispensable means for participation in the real world." He emphasized the need to develop movement vocabulary, sequences, and tasks as the building blocks of physical literacy. The more blocks you have the more apt you are to being able to move in a variety of ways in a variety of environments. See Dr. Kriellaars entire presentation on the SHAPE America Facebook page ([CLICK HERE](#) for direct link).

The newly released MOAHPERD Physical Education Grade Level Expectations (GLEs) identify a comprehensive list of movement skills that will help build the foundation of physically-literate Missouri youth. You may view the PE GLEs on the MOAHPERD website by clicking the *Resources* tab in the top menu and then selecting "Teachers" from the drop-down menu. Please be sure that your school/district is aware of these new standards which are aligned to the SHAPE America National Physical Education Outcomes.

On a final note, don't forget to celebrate National Physical Education and Sport Week (May 1-7). It is a great opportunity to promote physically active youth and advocate for the

importance of quality physical education. See below the state-wide physical activity initiative, Missouri 1 Million Strong Challenge. I hope many schools will participate. Your name will be entered into a raffle drawing for a PE equipment gift certificate as a special thank you for helping implement this initiative at your school. Go to www.tinyurl.com/1millionMO for more information.

Let's G-R-O-W together!

Ron Ramspott

NATIONAL AND STATE PHYSICAL ACTIVITY INITIATIVES

MISSOURI 1 MILLION STRONG CHALLENGE

Involve your school/district in the state-wide physical fitness challenge – [Missouri 1 Million Strong](#) – which will take place during the week of National Physical Education and Sport Week (May 1 – 7). Here is what you need to do to play your part:



1. Identify a person to serve as your school's MO1MS coordinator.
2. Create a form or use one of our forms to allow students to keep track of their physical activity time during the week of May 1-7, 2017 (National Physical Education and Sport Week).
3. Distribute forms to students who are willing to commit to 60 minutes of physical activity each day during May 1-7. Take a short video clip (approx. 5 seconds in length) with students from your school represented, shouting out "<Insert school name> is <insert total number of participants> strong!" Post this video on Twitter using [#MO1MillionStrong](#) during this week.
4. Have students log their time during this week and return the form at the end of the week. Have a celebration and recognition of those students who completed the challenge.

School MO1MS Coordinators who have 50+ participants and post their video on Twitter will be entered into a drawing for a gift certificate from a PE equipment catalog. Learn more at www.tinyurl.com/MO1millionstrong.

50 MILLION STRONG

Click on the title to learn more about SHAPE America's 50 Million Strong

LIFE PROFESSIONAL DEVELOPMENT

STATE CONVENTION

WHEN

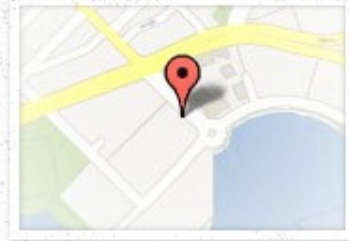
FRIDAY, NOV. 10TH, 8AM TO
SUNDAY, NOV. 12TH, 10AM

WHERE

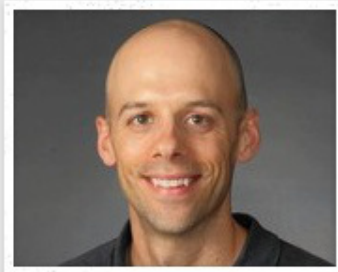
THE LODGE OF FOUR SEASONS

MORE INFORMATION

The annual state convention will feature health and physical education professionals from throughout the United States. This year's convention will feature several National Teachers of the Year - Andy Horne (Health TOY), Andy Milne (Health TOY), Mike Doyle (Adapted PE TOY), Scott Williams (Dance TOY), and Jim Deline (PE TOY).



[Get Directions](#)



**ANDY
HORNE (2016
HEALTH
TEACHER OF
THE YEAR)**

Check out a preview of Andy's [Scholarly Raps](#).



**SCOTT
WILLIAMS
(2016 DANCE
TEACHER OF
THE YEAR)**

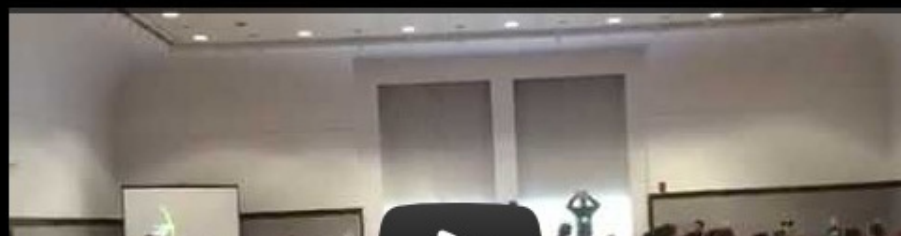
Check out a collection of Scott's [dance moves](#).



**JIM DELINE
(TOY,
AUTHOR,
AND
KEYNOTE
SPEAKER)**

Check out Jim [in action](#) at SHAPE Conference.

Thriller Dance by Scott Williams





HEALTH & PHYSICAL EDUCATION SUMMER WORKSHOPS

HPE Workshops will be held July 11, 2017 in the St. Louis area and July 12, 2017 in the Kansas City area. Special guest presenters include John Jones (Virginia), Matt Pomeroy (Wisconsin), and Mary Wentland (Wisconsin).

BEST PRACTICES AND PROGRAMS



PROJECTORS

Projectors should be part of the standards equipment list for Physical Education. You don't need a Wii to do *Just Dance*, just project the songs straight from YouTube. From dance to obstacles click on the link below to see simple ways ideas for using a projector.

https://drive.google.com/drive/folders/0B6lu861iop_HNGdyUEc3UXZH20U?usp=sharing

Watch the video below for an example of a *Just Dance* song posted on YouTube.

The Fox | Just Dance 2015 | Full Gameplay 5 Stars



MOAHPERD SPOTLIGHTS

JULIE LUECKENHOFF SELECTED AS CENTRAL DISTRICT PRESIDENT-ELECT

Congratulations to Julie from Jefferson City who will be joining the 2017-18 Central District Leadership Council! Julie was selected in the recent election for national board members and district officers. [Click here](#) to read more.



TARI GARNER SELECTED AS CENTRAL DISTRICT MEMBER- AT-LARGE

Congratulations to the Tari Garner who will be joining the 2017-18 Central District Leadership Council in the role as Member-At-Large! Tari was selected in the recent election for national board members and district officers. [Click here](#) to read more.

 **Awards & Grants - MOAHPERD (...)**

www.moahperd.org

MOAHPERD is proud to recognize those in Health, Physical Education, Recreation, and Dance through awards and grants. See the list of awards and grants.



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